OUR MISSION: Quinte Immigration Services will assist newcomers isolated by cultural and language barriers in the Quinte region through the process of orientation and settlement while encouraging public respect for the diversity of immigrants, the promotion and recognition of the value of racial and cultural differences, and the facilitation of integration and participation of newcomers in the social, economic and cultural aspects of the community.

RENOVATIONS COMPLETE

The boardroom at QUIS has been completely renovated. The construction went on during January and February 2015. QUIS now has several attractive new offices and a boardroom. The rooms will be used for visits by Joanne, the employment counsellor from CES, tax appointments with our volunteer Ken for the CVITP program, staff meetings and other events. QUIS is very happy with how the offices look. There will be an official opening. Details will follow!

THANK YOU!

QUIS would like to thank Ms. Luisa Sorrentino for becoming a sponsor. QUIS appreciates Luisa’s generosity and commitment to the services and activities of QUIS. Thanks, Luisa!

QUIS Gold Sponsor since 2010

Tina Osborne, visual multi-media artist and designer of unique jewellery. Contact 613.920-4231 or go to www.shadowridgecan.com

QUIS IMMIGRATION SERVICES
301-41 Octavia Street
Belleville, ON
Mailing Address: PO Box 22341
Belleville, ON
K8N 5V7
Phone: 613-968-7723
Fax: 613-968-2597
E-mail: info@quinteimmigration.ca
Website: www.quinteimmigration.ca

Thank You To Our Newsletter Contributors:
Writers and Editors:
John Mark Robertson, QUIS
Cat Fisher, QUIS
John Robertson, QLIP
Nancy Sayeau, QUIS/CEOTIS
Alison VanEykeren, QUIS

Thanks to our Funders for their continued support:
- (CIC) Citizenship & Immigration Canada
- (MCI) Ministry of Citizenship & Immigration
- United Way of Quinte
- (MTCU) Ministry of Training, Colleges & Universities.

GOODBYE KELLY AND TAMARA!

In February, QUIS said goodbye to Tamara Malinski and Kelly Bacon. Tamara and Kelly worked at QUIS for 6 months. Kelly did marketing for CEOTIS (Central Eastern Ontario Translation and Interpretation Service) and Tamara worked as receptionist and CEOTIS assistant. QUIS deeply appreciates the efforts that Kelly and Tamara made.

SUNNY ICE SAFETY

The Quinte area has a lot of bays and rivers. In the springtime, when the ice is melting, it is very important to be careful around and on ice. Here are some tips:
- In spring weather, ice is not safe
- Avoid walking on ice that is in or near moving water
- Obey all signs on or near ice
- Never walk on ice when you are alone
- Children should always be supervised by a responsible adult

GOODBYE KELLY AND TAMARA!
For several Fridays from January to March, four Loyalist students helped to plan QUIS' spring 2015 wine tour. The students, Gabe, Melissa, Hannah and Michaela contacted the wineries and breweries, solicited donations, planned the route and did other planning and marketing activities related to the tour.

The students worked very professionally and efficiently to put the tour together. QUIS would like to thank them for their efforts. We trust it was an enjoyable learning experience for the students and that they gained some valuable real-life work experience that will help them in their future careers.

If you are a newcomer and you want to work in Canada, you may need to get what is called an “Educational Credential Assessment” or sometimes known as an “Academic Credential Assessment”. If you studied in a country outside of Canada, you may need to have your diploma or degree from high school, college or university compared with Canadian standards to see if it is equivalent to a Canadian diploma or degree.

You will have to pay for this process and there are several different agencies that will do an Educational Credential Assessment (ECA). If you want to apply for permanent residence through the Express Entry program, you will most likely need an Educational Credential Assessment (ECA) in order to qualify for an invitation to apply for the program. Citizenship and Immigration Canada will only accept ECA’s from certain agencies, so be sure to contact QUIS if you aren’t sure how to get an ECA.

Also, if you are applying for an ECA to get certain jobs in professional fields like nursing, teaching, pharmacy or other medical fields, you might need to go through the association of that profession to get an ECA. Call us at QUIS for more information!
TAXES IN CANADA

The tax system in Canada is probably a bit confusing for most newcomers. Here is some information to help you understand Canadian taxes:

In Canada, the federal (national), provincial (Ontario, for example) and municipal (city) governments collect money to help pay for government programs and services—roads, schools, hospitals, employment insurance etc. If the government did not get this money, it would be difficult to offer these services.

Every year, Canadian residents complete a tax return, usually in March or April. This is where you list your taxable income, deductions (things that can lower the amount of tax you have to pay) and credits (money you get back from the government). With this information, you can calculate how much tax you have to pay.

The amount of tax you have to pay is related to how much money you earned in the past year minus any deductions and credits. Examples of deductions are donations to registered charities or contributions to a registered retirement savings plan (RRSP). By early March, you should have all your documents such a T4s, RRSP receipts etc.

For tax purposes, you are a resident of Canada if you have significant residential ties. These include:

- A home in Canada
- A spouse or common-law partner and dependents who move to Canada to live with you
- Personal property in Canada, such as a car, furniture

Also, it is important to remember that in Canada, you must keep all tax documents for seven years, in case you are audited by the Canada Revenue Agency. This is very unlikely to happen, but it is best to create a file where you can keep your tax documents safe. Never throw away any letter that you receive from the Canada Revenue Agency (CRA) or any other government office before you find out what it is. If you are not sure what it is, ask at QUIS.

For the first few years that you are in Canada, completing your tax return may be challenging. QUIS is able to help you with your return. A volunteer can do your tax return for you for free, if you meet certain conditions. Please call QUIS at (613) 968-7723 to find out more.
SNOWSHOEING AT FRINK CENTRE

ESL students from Loyola, Belleville went snowshoeing at the Frink Centre on February 18.

They walked along a snow-covered settler trail and were guided through the forest by Shelsey and her helper. Some students got pushed into the snow!

They cooked hotdogs over the fire as well as potatoes, bannock bread and marshmallows. They also learned how to make the bannock from scratch, then cook it over an open fire and have maple syrup, jam or brown sugar on it. It was a beautiful snow-filled day and a great experience for all the students.

Dream of owning your own home?

You May Qualify If:
- You have lived in the Prince Edward or Hastings area for the last year
- You are a Canadian Citizen or a permanent resident
- You are living somewhere that doesn’t meet your family’s needs
- You are steadily employed, but can’t afford or can’t obtain a conventional mortgage
- You are ready and able to contribute 500 hours of sweat equity to help build your own home and participate in other Habitat Projects and Community events

Information Session:
Wednesday, June 3rd, 2015 11 am to 12 pm
41 Octavia Street

Guest Speaker: Sylvia Draaistra

Quinte Immigration Services
301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723 Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca
In the Quinte region, there are many ways of getting active and fit this spring. Here are a few ideas:

- **QUIS is continuing its partnership with the YMCA.** QUIS clients can get a free three-month trial membership at the **YMCA**. Please make an appointment with Cat or John Mark for details and a letter that will get you the membership.

- The **Quinte Sports and Wellness Centre** ([http://quintesportsandwellnesscentre.ca](http://quintesportsandwellnesscentre.ca)) has a variety of facilities and programs. There is an indoor walking track, swimming pools, weight rooms, gymnasium and classes in yoga, tai chi and other sports. These are available at a low cost. The Sports and Wellness Centre is located on Cannifton Road, close to the Moira River.

- If you are interested in cycling (bike riding), you can connect with **Belleville on Bikes** ([http://bellevilleonbikes.ca/](http://bellevilleonbikes.ca/)). They have information about cycling events, bicycle maintenance, bike trails in and around Belleville and more.

- Belleville and the Quinte region have some wonderful waterfront trails that are perfect for walking, jogging, cycling, rollerblading and other activities. There are beautiful views of the Bay of Quinte along the trail ([http://www.waterfronttrail.org/belleville](http://www.waterfronttrail.org/belleville)).

- Belleville has a number of nice parks where you can take a walk, take photos, play with your children and enjoy the fresh air ([http://www.belleville.ca/recreation/page/parks](http://www.belleville.ca/recreation/page/parks)).

- **Quinte Conservation area** also has hiking trails where you can enjoy nature. These conservation areas are in different locations around the Quinte area and some are perfect for a weekend trip ([http://quinteconservation.ca/site/index.php?option=com_content&task=view&id=31&Itemid=45](http://quinteconservation.ca/site/index.php?option=com_content&task=view&id=31&Itemid=45)).
QUIS FAMILY MOVIE NIGHT!!

Tuesday April 14th

RSVP by Friday April 10
613-968-7723 Ext 0

Doors Open at 5:30pm
Movie Starts at 6pm—8pm
QUIS will provide Refreshments and Popcorn
Please bring a treat to share

Come watch a family movie with the QUIS staff and the community.
The movie being played is
Big Hero 6 —Rated PG, 102 minutes in length.
This event will take place in the Common Room, 2nd floor. 41 Octavia St.

Quinte Immigration Services
301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723  Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca
***Viewing License purchased from ACF Inc.***

Services provided by your MP

This information session covers the services that MP Daryl Kramp’s office provides and answers questions about the Government of Canada’s programs and services.

Tuesday, May 12th, 2015 11 am to 12 pm
41 Octavia Street

Guest Speaker: Denise Gray

301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723  Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca
Wine & Taste Tour
Of Prince Edward County

Saturday April 25th, 2015

Quinte Immigration Services is proud to present a wine and taste tour of our local Prince Edward County. There are many locations to stop and enjoy in the county but we will narrow it down to 6 stops which will allow you to taste local wines, beers, ciders and various foods.

We will be stopping at:
Campbell’s Orchard, Lacey Estates Winery, Karlo Estates Winery, Waupoos Estates Winery, Barley Days Brewery, Huff Estates Winery.

This tour includes a comfortable bus with washroom, a lunch, door prizes and a silent auction.

Seats are limited so be sure to get your tickets as soon as possible.

Tour Starts:
41 Octavia St - 9:30am
or LCBO Rossmore -

Tour Ends:
LCBO Rossmore - 5:00pm
or 41 Octavia St - 5:15pm

Cost: $95.00/person or $180.00 for 2

Tickets must be purchased in advance by calling our office or coming into our location.
Quinte Immigration Services - 41 Octavia St. Belleville, ON, 613-968-7723 x0

Banking in Canada

Banking Institutions, including banks, trust companies, credit unions and caisses populaires, are essential tools for managing personal finances, yet many people do not know how to use them effectively. This information session covers the basics of how banking institutions work for those who are not familiar with Canadian banking institutions, ways to select banking services that participants need and how to minimize the cost of banking services.

Tuesday, April 21st, 2015
11am to 12 pm

41 Octavia Street

Guest Speaker:
Vicki Vannieuwenhuyze

Information Session
# UP COMING QUIS EVENTS, HOLIDAYS AND OBSERVANCES

## April 2015

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