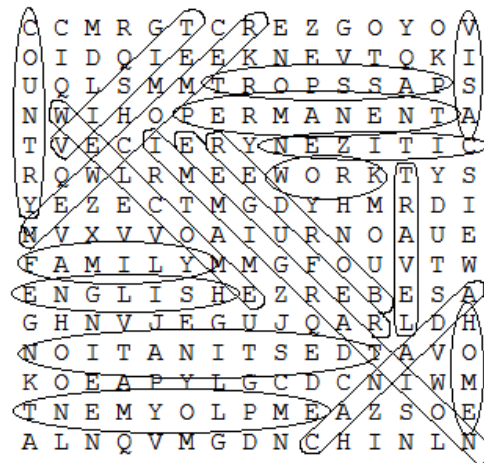


OUR MISSION: Quinte Immigration Services will assist newcomers isolated by cultural and language barriers in the Quinte region through the process of orientation and settlement while encouraging public respect for the diversity of immigrants, the promotion and recognition of the value of racial and cultural differences, and the facilitation of integration and participation of newcomers in the social, economic and cultural aspects of the community.

UPCOMING EVENTS

- English Conversation Circles, 12pm to 1pm, Every Tuesday starting April 5th, 41 Octavia St., QUIS Board Room
- Banking in Canada Info Session, April 13th, 11am-12pm, 41 Octavia St., Common Room
- QUIS Family Movie Night, April 26th, 5:30 to 7:30pm, 41 Octavia St., Common Room
- Mortgages Info Session, April 27th, 11am-12pm, 41 Octavia St., Common Room
- QUIS Wine & Taste Tour, April 30th, 9:30am-5:45pm, Meet at LCBO Rossmore
- QUIS Family Games & Craft Night, May 10th, 5:30-7:30pm, 41 Octavia St., Common Room
- YMCA Info Session, May 11th, 11am-12pm, 41 Octavia St., Common Room
- QUIS Annual Pot Luck and Open House, June 7th, 5:30-7pm, 41 Octavia St., Common Room
- IRCC Info and Changes Info Session, June 8th, 11am-12pm, 41 Octavia St., Common Room

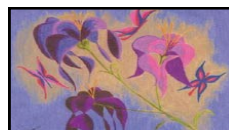
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QUINTE IMMIGRATION SERVICES

301-41 Octavia Street
Belleville, ON

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Thanks to our Funders for their continued support:

- (IRCC) Immigration, Refugees & Citizenship Canada
- (MCI) Ministry of Citizenship & Immigration
- United Way of Quinte
- (MTCU) Ministry of Training, Colleges & Universities.

Canada



QUIS CONNECTIONS

Volume 10, Issue 1

Spring 2016



@QImmigration



Quinte Immigration Services



QUINTE REFUGEE TASK FORUM

In the context of large numbers of Syrian newcomers arriving in Canada and in the Quinte region, QUIS held its first Refugee Task Forum on Friday, January 22nd, 2016.

This very successful event was held at the Quinte Sports and Wellness Centre and was a joint effort of Quinte Immigration Services (QUIS) and the Quinte Local Immigration Partnership. It was attended by over 160 people from various organizations and refugee sponsorship groups.

The event had several highly experienced and informative guest speakers including Dr. Mohamad Jebara, an Imam (Islamic leader) and resident scholar from the Cordova Spiritual Education Center in Ottawa. Dr. Jebara spent the morning giving a very inspiring and thought provoking presentation on cultural sensitivity regarding Syria.



Following Dr. Jebara's presentation, Mr. Francois Dutheil, Immigration Policy Advisor for Immigration, Refugees and Citizenship Canada (IRCC), spoke about the IRCC's current refugee plan and details of the processing of government assisted refugees.

Cat Fisher, a settlement worker at QUIS, spoke about QUIS services as well as the challenges and difficulties that refugees face when resettling. She discussed the overwhelmingly positive response the Quinte region has given. Cat noted, "We have had over 600 individual contacts to our agency offering volunteer services and donations. It has been an amazing response."

The last guest speakers were from Canadian Mental Health Association (CMHA). Sandie Sidsworth, Executive Director, did a very informative presentation on compassion fatigue. This is a term used to describe the emotional and physical depletion that happens when people who are helping others are unable to rest and renew themselves. Compassion fatigue can happen to workers who work with people who have experienced trauma, like refugees, for example.

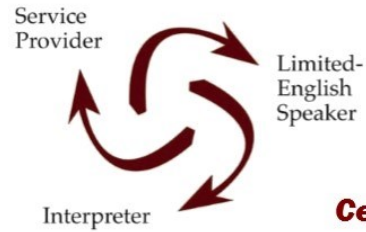
After Sandie's presentation, Joe Beatty, a counsellor with CMHA, talked about Post Traumatic Stress Disorder or "PTSD", which is often suffered by people who have experienced a very high level of stress or trauma such as refugees.

The day concluded with a panel presentation by various agencies including Loyola School of Continuing Education, Language Assessment Services, Trenval Business Development, Loyalist College, Community Employment Services and the Chamber of Commerce. These agencies discussed how their services work and how they can contribute to serving refugees.

QUIS would like to thank all the participants who attended this excellent forum including representatives from the mayors' offices from Belleville, Quinte West and PEC and MP Neil Ellis' office, as well as QUIS volunteers, board members, QUIS staff and all participants from sponsoring groups and organizations.

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A division of Quinte Immigration Services

LANGUAGES AVAILABLE

- | | |
|-----------------|--------------------|
| AFRIKAANS* | KUTCHI* |
| AKAN* | LAOTIAN** |
| ALBANIAN* | LATVIAN (LETTISH)* |
| AMHARIC* | LEBANESE* |
| ARABIC | LINGALA* |
| ARMENIAN* | LITHUANIAN* |
| ASSYRIAN* | LOW GERMAN* |
| AZERI* | MACEDONIAN+ |
| BENALI* | MALAY ^ |
| BERBER* | MALAYALAM* |
| BIKOL* | MALTESE* |
| BOSNIAN* | MANDARIN |
| BULGARIAN** | (MODERN |
| BURMESE** | CHINESE) ^ |
| CAMBODIAN** | MARATHI* |
| CANTONESE | MIN NAM |
| (TRADITIONAL | (HOKKIEN)* |
| CHINESE) ^ | NEPALI* |
| CATALAN | NORWEGIAN |
| CHALDEAN* | NUER* |
| CHIU CHOW | OROMO* |
| (CHAOZHOU)* | OTJIHERERO* |
| CREOLE* | PASHTU* |
| CROATIAN | PERSIAN |
| CZECH | POLISH ^ |
| DANISH* | PORTUGUESE ^ |
| DARI* | PUNJABI ^ |
| DUTCH | PUNJABI |
| ESAN* | GURUMUKHI* |
| ESTONIAN* | ROHINGYA* |
| FANTI* | ROMANIAN |
| FARSI ^ | RUSSIAN ^ |
| FINNISH | SENEGALISE* |
| FLEMISH* | SERBIAN+ |
| FRENCH ^ | SERBO-CROATIAN |
| FUJIAN * | (BOSNIAN)* |
| FUZHOU* | (CROATIAN)* |
| GEORGIAN* | (SERBIAN)* |
| GERMAN ^ | SHANGHAINSE* |
| GOFIGNA* | SINHALA* |
| GREEK ^ | SLOVAK |
| GUJARATI ^ | SLOVENIAN* |
| HAKKA* | SOMALI* |
| HEBREW | SPANISH ^ |
| HINDI ^ | SWAHILI* |
| HUNGARIAN | SWEDISH |
| IGBO* | TAGALOG* |
| ILOCANO* | TAISHAN* |
| ILONGO | TAIWAN* |
| (HILIGAYNON)* | TAMIL ^ |
| INDONESIAN ^ | TATAR* |
| ITALIAN ^ | TELUGU* |
| JAMAICA PATOIS* | THAI** |
| JAPANESE | TIBETAN* |
| (ADDITIONAL | TIGRIGNA* |
| COSTS) | TSHILUBA* |
| KALENJIN- | TURKISH ^ |
| KIPSIGIS* | TURKMEN* |
| KALENJIN-NANDI* | TVI* |
| KANNADA* | UKRAINIAN ^ |
| KAREN** | URDU ^ |
| KHMER* | UZBEK* |
| KHRGHYZ* | VIETNAMESE ^ |
| KINYARWANDA* | YORUBA* |
| KIRUNDI* | |
| KONKANI* | |
| KOREAN | |
| KURDISH | |
| (BAHDINI)* | |
| (KURMANDJI)* | |
| (SORANI)* | |

+ TRANSLATION ONLY
* INTERPRETATION ONLY
^ VIDEO CONFERENCING

WHAT'S NEW AT CITIZENSHIP AND IMMIGRATION

Changes are taking place at Citizenship and Immigration Canada! There has been a new Liberal government at the Federal Level of Canada since October 2015. When a change in the political party happens at the Federal level of government, the government often changes policies and procedures in the Federal government agencies, such as Service Canada, Canada Revenue Agency and Citizenship and Immigration Canada.

The most noticeable change at Citizenship and Immigration Canada is the name! The agency is now going to be called **Immigration, Refugees and Citizenship Canada (IRCC)**. The website has not changed yet, but keep in mind that CIC is now IRCC!

Another positive change is that IRCC will now be accepting more parental sponsorships this year and next year. This year, they accepted 10,000 and next year they will accept 20,000 parental sponsorships!

The rules for Citizenship will be changed again as well. The Liberal government has announced that they will be changing some of the citizenship rules back to the way they were before June 2015. Most people are excited about this change! Keep your eye on the news for any new information about these changes to citizenship!

The new government has also announced that they'd like to make some changes to the Express Entry system this year. Additionally, if you read the article on page 3 of our newsletter, you will find out about a few other changes at IRCC. QUIS will keep you posted when we have more information!

ESL IN CANADA

There are different kinds of ESL classes. English as a Second Language (ESL) programs are available for different skill levels, groups of learners, and for other purposes.

ESL programs are designed for people with different goals and levels of English. Before you sign up for a language program, make sure it is the right one for you!

Check out Loyola School of Continuing and Adult Education for our local ESL/ LINC classes!

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Citizenship and Immigration Canada / Ontario

Algonquin and Lakeshore Catholic District School Board



Immigration, Refugee, and Citizenship Canada (IRCC) Information and Changes

Learn about:

- Express Entry Program
- New information and tools on the IRCC website
- Government and community response to the Syrian Refugee Crisis



Wednesday, June 8th

11am-12pm

Common Room, 2nd Floor

41 Octavia Street

Guest Speaker:

John Mark Robertson

301-41 Octavia Street,
Belleville, ON, K8N 5V7
Phone: (613) 968-7723
Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca



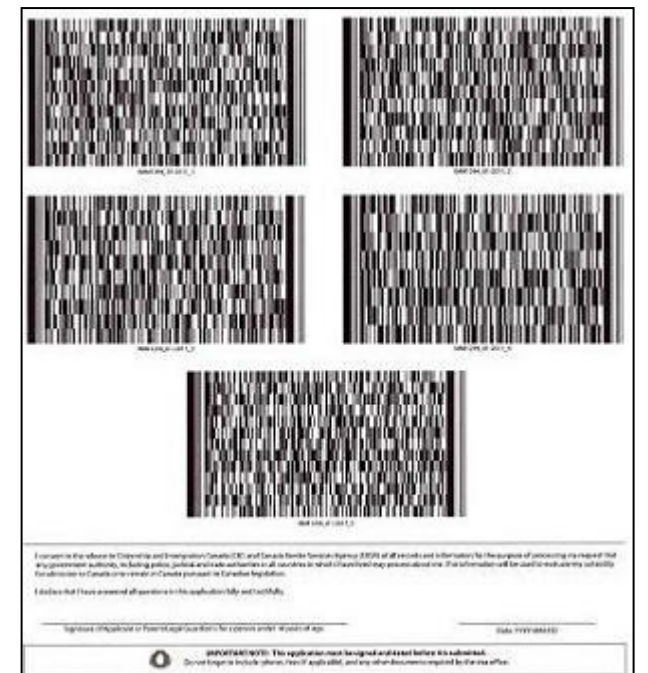
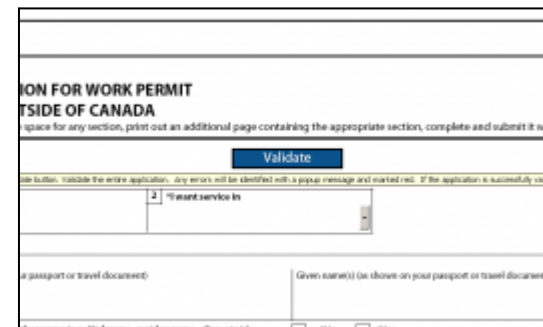
GOVERNMENT GOES ELECTRONIC

Increasingly, the Canadian government is doing its business electronically. For example, as of the spring of 2016, the Government of Canada will no longer send out cheques. That means that you cannot get your income tax return, child tax benefit or goods and services rebates by cheque. These will be directly deposited to your bank account.

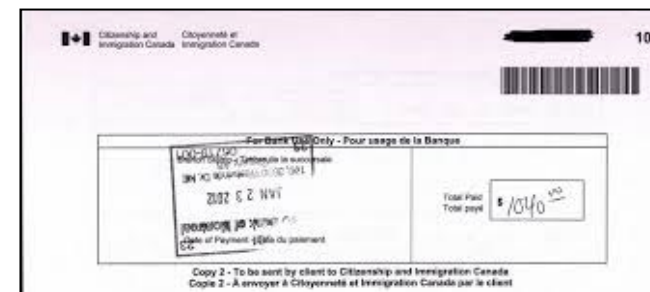
The government says that by not sending out cheques, they will save Canadians \$17 million a year. As well, by having the money deposited directly into your account, you won't have to worry about cheques being lost in the mail, postal strikes etc.

To register for direct deposit, you can go to : directdeposit.gc.ca .

Many Immigration, Refugees and Citizenship Canada (IRCC) forms can no longer be completed by hand. Forms that have a “validate” button on them must be completed online and then “validated”, which creates a page of bar codes. The bar codes help IRCC to process the application more efficiently. These forms also have “drop-down” menus, so you have to use a computer to be able to see what the choices are for each answer.



As well, on January 29, 2016, IRCC will stop issuing the paper bank payment forms. These forms will still be accepted until March 31, 2016, but after that, all payments will have to be made on the IRCC website using a credit or debit card.



HIGH SCHOOL STUDENT VOLUNTEERS NEEDED

Quinte Immigration Services is currently looking for high school student volunteers to help prepare and organize events. Whether you are looking to complete your volunteer hours before graduation, or are looking for an opportunity to gain experience, QUIS needs you.

Any interested individuals can contact Nancy Sayeau, Support Services Manager, by email: ceotis@quinteimmigration.ca or phone: 613-968-7723 ext 25.



FUTURE EVENT IDEAS



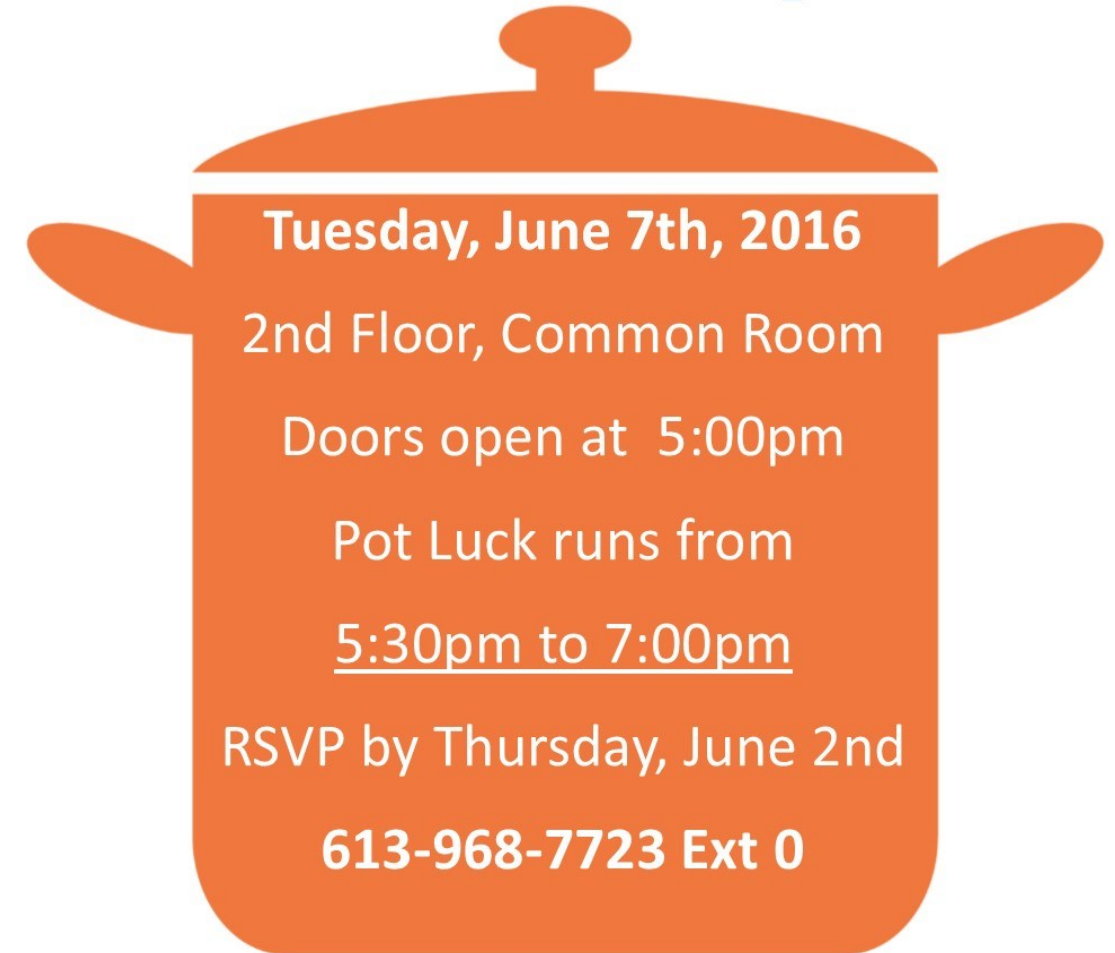
Quinte Immigration Services hosts monthly events for its clients and individuals in the community. We are interested in knowing what kind of events you would like to attend or would look forward to seeing.

We want to hear from you! What kinds of events would you attend? What would you like to do that you haven't tried yet?

Ideas and suggestions can be submitted to Nancy Sayeau, Support Services Manager, by email: ceotis@quinteimmigration.ca or by phone: 613-968-7723 ext 25.

Quinte Immigration Services

Annual Pot Luck and Open House



Please bring your favourite dish from your home country to share!

Quinte Immigration Services
301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723 Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca



YMCA Information Session



Wednesday, May 11th, 2016
11am-12pm
Common Room, 2nd Floor
41 Octavia Street

Come and learn all about the Belleville YMCA! This session will cover the personal training programs, exercise programs, swimming lessons, and children, youth, and family programs. Learn how QUIS clients can get a free 3-month membership to the YMCA!



301-41 Octavia Street, Belleville, ON, K8N 5V7
 Phone: (613) 968-7723 Fax: (613) 968-2597
 Email: reception@quinteimmigration.ca
 Website: www.quinteimmigration.ca



TAX TIME

March and April are the traditional “tax season” in Canada. If you are a resident of Canada for tax purposes, or if you owe the government money or want to receive a refund and you are over the age of 18, you need to file an income tax return. The deadline for filing your tax return is April 30, 2016.

To make things easier for newcomers, QUIS participates in the Canada Revenue Agency (CRA) Community Volunteer Income Tax Program (CVITP).

As part of the program, eligible clients can have their taxes prepared for free by a trained volunteer. Preference is given to QUIS clients who have been in Canada for 5 years or less. For more information, QUIS clients can attend an information session on either Tuesday, March 1 at 11 am (for ESL students) or March 2 at 12 pm in the Common Room at 41 Octavia Street.

Again this year, QUIS is fortunate to have Ken Palmer as its CVITP volunteer. Ken will be joined this year by Tara Fernandes.



QUIS ON FACEBOOK AND TWITTER



In order to keep up with all the ongoing changes around immigration and refugee resettlement, QUIS has created a Twitter account. You can find us at @Qimmigration.

Hope to hear from you there!

Don't forget we also have a Facebook page where we post all of our latest information! Find us on Facebook by typing in “Quinte Immigration Services” in the search function.



NEW FACES AT QUIS



In recent months, QUIS has had some assistance from a couple of new people. **Bev Galway**, a volunteer, started helping out at QUIS in the fall of 2015. Bev retired from a high school teaching career last June. Her first teaching jobs were in Alberta, but the majority of her career was spent in Belleville.

Bev loves travelling and experiencing new places as well as meeting new people. She enjoys taking long walks with her dogs, Oliver and Delilah, especially at Sandbanks Provincial Park.

In addition to Bev, QUIS has been fortunate enough to have **Meghan Beatty**, a placement student from the Loyalist College Social Service



Worker program.

Meghan also volunteers as a Vision Mate with the Canadian National Institute for the Blind and as a group leader at the Quinte West Youth Centre. Meghan wants to work with non-profit agencies after her graduation, and to use what she learns at QUIS to help her future clients. She believes in working hard and making a positive difference in people's lives.

In her spare time, Meghan likes to read and spend time outdoors.

STUDENTS PREPARE QUIS WINE & TASTE TOUR



In April, QUIS will be putting on its annual spring Wine & Taste tour of Prince Edward County. Participants will visit several wineries, breweries and an ice cream shop. The proceeds from the event will be used to help QUIS in its activities.

The event could not take place without the hard work of several Loyalist college students, who planned the event. The students contacted the venues, created

an advertising poster and contacted organizations about donating items for a silent auction.

QUIS would like to thank the students, **Sandra, Brittany, Elissa and Meghan**, for their efforts. Well done!



QUIS FAMILY GAMES & CRAFT NIGHT

Tuesday, May 10th, 2016

Common Room

2nd Floor

41 Octavia Street



Doors Open at 5:30pm

Activities Run from 6pm—7:30pm

QUIS will provide Refreshments, Craft Supplies, and Games

Please bring a treat to share!

RSVP by Friday May 5th

613-968-7723 Ext 0



Quinte Immigration Services

301-41 Octavia Street, Belleville, ON, K8N 5V7

Phone: (613) 968-7723 Fax: (613) 968-2597

Email: reception@quinteimmigration.ca

Website: www.quinteimmigration.ca



Wine & Taste Tour Of Prince Edward County Saturday April 30, 2016



Quinte Immigration Services is proud to present a wine and taste tour of our local Prince Edward County. There are many locations to stop and enjoy in the county, but we have narrowed it down to 6 stops which will allow you to taste local wines, spirits and various foods.

We will be stopping at:
Hinterland Wine Company, Sugarbush Vineyards, Waupoos Estates, County Cider Company, Barley Days Brewery & Slickers Ice Cream.

This tour includes a comfortable bus with washroom, a lunch, door prizes and a silent auction over the lunch hour.

Seats are limited so be sure to get your tickets as soon as possible
TICKETS ON SALE NOW

Tour Starts:
41 Octavia St - 9:30am
LCBO Rossmore - 9:45am

Tour Ends:
LCBO Rossmore - 5:35pm
41 Octavia St - 5:45pm

 *Cost: \$95.00/person or \$180.00 for 2* 

Tickets must be purchased in advance by calling our office or coming into our location.
Quinte Immigration Services - 301-41 Octavia St. Belleville, ON, 613-968-7723 x0

IMMIGRATION WORD SEARCH

There are 20 words below. Find and circle the words in the puzzle. Words can run across, diagonally and up or down (backwards or forwards for all directions). The solution to the puzzle is on page 16! But don't look until you have finished as much as you can! Good luck! ☺

C	C	M	R	G	T	C	R	E	Z	G	O	Y	O	V
O	I	D	Q	I	E	E	K	N	E	V	T	Q	K	I
U	Q	L	S	M	M	T	R	O	P	S	S	A	P	S
N	W	I	H	O	P	E	R	M	A	N	E	N	T	A
T	V	E	C	I	E	R	Y	N	E	Z	I	T	I	C
R	Q	W	L	R	M	E	E	W	O	R	K	T	Y	S
Y	E	Z	E	C	T	M	G	D	Y	H	M	R	D	I
N	V	X	V	V	O	A	I	U	R	N	O	A	U	E
F	A	M	I	L	Y	M	M	G	F	O	U	V	T	W
E	N	G	L	I	S	H	E	Z	R	E	B	E	S	A
G	H	N	V	J	E	G	U	J	Q	A	R	L	D	H
N	O	I	T	A	N	I	T	S	E	D	T	A	V	O
K	O	E	A	P	Y	L	G	C	D	C	N	I	W	M
T	N	E	M	Y	O	L	P	M	E	A	Z	S	O	E
A	L	N	Q	V	M	G	D	N	C	H	I	N	L	N

BORDER	NEWCOMER
CANADA	PASSPORT
CITIZEN	PERMANENT
COUNTRY	REFUGEE
DESTINATION	STUDY
EMPLOYMENT	TRAVEL
ENGLISH	VISA
FAMILY	VISIT
HOME	WELCOME
IMMIGRATION	WORK

English Conversation Circles



Every Tuesday
12:00 pm to 1:00 pm
41 Octavia Street,
Unit 302
QUIS Board Room

Listen, Talk, Learn, & Practice English

A group for anyone who speaks English as a second language. All levels of ability. Join the group any time! Topic suggestions welcome. Please contact QUIS for more information.

Starting April 5th

301-41 Octavia Street,
Belleville, ON, K8N 5V7
Phone: (613) 968-7723
Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca



Mortgages Information Session

Learn all about:

- The New Start Program
- Non-Resident Lending Program
- Mortgage Program- Temporary Residents

Guest Speaker:

Andrea Johnston

11am-12pm

Wednesday, April 27th, 2016

Common Room, 2nd Floor

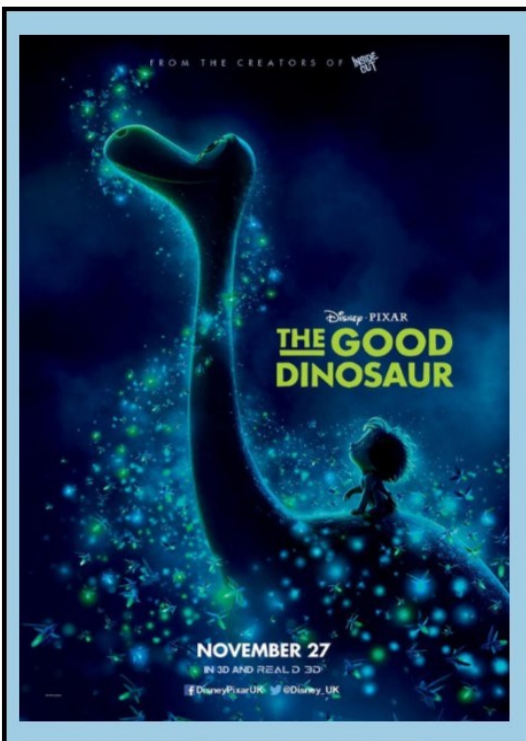
41 Octavia Street



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Belleville, ON, K8N 5V7
Phone: (613) 968-7723
Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca

QUIS FAMILY MOVIE NIGHT

Tuesday April 26th, 2016



Doors Open at 5:30pm
Movie Runs from
6pm—7:30pm
QUIS will provide
Refreshments and Popcorn
Please bring a treat to share!
RSVP by Friday April 22nd
613-968-7723 Ext 0

Come watch a family movie with the **QUIS** staff and the community.
The movie being played is
The Good Dinosaur —Rated **G**, 93 minutes in length.
The event will take place in the Common Room, 2nd floor. 41 Octavia St.

Quinte Immigration Services
301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723 Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca
Viewing License purchased from ACF Inc.



Banking in Canada



QUIS

Scotiabank

11:00am-11:30am



11:30am 12:00pm

Learn the basics of how Canadian banking institutions and credit unions work, how to select services that you need, and how to minimize the cost of banking services.

11:00am-12:00pm

Wednesday, April 13th, 2016

Common Room, 2nd Floor

41 Octavia Street

301-41 Octavia Street,
Belleville, ON, K8N 5V7
Phone: (613) 968-7723
Fax: (613) 968-2597
Email: reception@quinteimmigration.ca
Website: www.quinteimmigration.ca



UPCOMING QUIS EVENTS, HOLIDAYS AND OBSERVANCES

■ = Observances and Holidays
■ = QUIS events

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Tax Info Session (ESL students), 41 Octavia St.	2 Tax Info Session (Other clients), QUIS Board Room, 41 Octavia St.	3	4	5
6	7	8 International Women's Day, UN observance	9	10	11	12
13	14	15	16	17 St. Patrick's Day (Christian)	18	19
20 Vernal Equinox, (season change to spring)	21 Int'l Day for the Elimination of Racial Discrimination / Nowruz (Bahai, Iran)	22	23 Holi (Hindu)	24 Purim (Jewish)/ Holla Mohalla (Sikh)	25 Good Friday (Christian) QUIS office closed	26
27 Easter (Christian)	28 Easter Monday (Christian) QUIS office closed	29	30	31		

April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 April Fool's Day (Christian observance)	2
3	4	5 Conversation Circle, 12pm, 41 Octavia St., Board Room	6	7 World Health Day	8 Hindu New Year (Hindu)	9
10	11	12 Conversation Circle, 12pm, 41 Octavia St., Board Room	13 Banking in Canada Info Session, 11am, 41 Octavia St./ Vaisakhi- Sikh, Hindu	14	15	16
17	18	19 Conversation Circle, 12pm, 41 Octavia St., Board Room	20	21	22 RSVP for Family Movie Night / Earth Day, UN	23 Passover begins (Jewish)
24	25	26 Conversation Circle, 12pm, 41 Octavia St., Board Room / QUIS Family Movie Night, 5:30, Common Room	27 Mortgages Info Session, 11am, 41 Octavia St., Common Room	28	29	30 QUIS Wine Tour, Fundraiser / Passover ends (Jewish)

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 International Workers' Day/Orthodox Easter (Christian)	2	3 Conversation Circle, 12pm, 41 Octavia St., Board Room / World Press Freedom Day	4	5 RSVP for Family Games & Craft Night/ Cinco de Mayo (Mexico)	6	7
8 Mother's Day (Observance)	9	10 QUIS Games and Craft Night, 5:30, 41 Octavia St., Common Room / Conversation Circle, 12pm, Board Room	11 YMCA Info Session, 11am, 41 Octavia St., Common Room	12	13	14 Buddha's Birthday (Hong Kong, Korea)
15 Pentecost-Christian	16	17 Conversation Circle, 12pm, 41 Octavia St., Board Room	18	19	20	21 World Day for Cultural Diversity
22	23 Victoria Day (Observance) QUIS office closed	24 Conversation Circle, 12pm, 41 Octavia St., Board Room	25	26	27	28
29 Ascension of Baha'ullah (Bahai)	30	31 Conversation Circle, 12pm, 41 Octavia St., Board Room				

June 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 RSVP for QUIS Annual Potluck and Open House	3	4
5 World Environment Day	6	7 QUIS Potluck and Open House, 5:30, 41 Octavia St., Common Room / Conversation Circle, 12pm, Board Room	8 IRCC Changes Info Session, 11am, 41 Octavia St., Common Room / World Oceans Day	9	10	11
12	13	14 Conversation Circle, 12pm, 41 Octavia St., Board Room	15	16	17	18
19 Father's Day (Observance)	20 World Refugee Day/Summer Solstice, (Season change to summer)	21 Conversation Circle, 12pm, 41 Octavia St., Board Room	22	23	24	25
26 All Saints Day (Orthodox Christian)	27	28 Conversation Circle, 12pm, 41 Octavia St., Board Room	29	30		