**OUR MISSION: Quinte Immigration Services will assist newcomers isolated by** cultural and language barriers in the Quinte region through the process of orientation and settlement while encouraging public respect for the diversity of immigrants, the promotion and recognition of the value of racial and cultural differences, and the facilitation of integration and participation of newcomers in t he social, economic and cultural aspects of the community.

### **RENOVATIONS COMPLETE**

The boardroom at QUIS has been completely renovated. The construction went on during January and February 2015. QUIS now has several attractive new offices and a boardroom. The rooms will be used for visits by Joanne, the employment counsellor from CES,

tax appointments with our volunteer Ken for the CVITP program, staff meetings and other events.

QUIS is very happy with how the offices look. There will be an official opening. Details will follow!



### THANK YOU!

QUIS would like to thank Ms. Luisa Sorrentino for becoming a sponsor. QUIS appreciates Luisa's generosity and commitment to the services and activities of QUIS. Thanks, Luisa!

**QUIS Gold Sponsor since 2010** 









Tina Osborne, visual multi-media artist and designer of unique jewellery Contact 613.920-4231 or go to www.shadowridgecan.com



**QUINTE IMMIGRATION SERVICES** 

301-41 Octavia Street Belleville, ON

> **Mailing Address:** PO Box 22141 Belleville. ON K8N 5V7

Phone: 613-968-7723 Fax: 613-968-2597

E-mail:

info@quinteimmigration.ca

Website: www.quinteimmigration.ca

Thank You To Our Newsletter **Contributors:** 

**Writers and Editors:** 

John Mark Robertson, QUIS Cat Fisher, QUIS John Robertson, QLIP Nancy Sayeau, QUIS/CEOTIS Alison VanEykeren, QUIS

Thanks to our Funders for their continued support:

- (CIC) Citizenship & **Immigration Canada**
- (MCI) Ministry of Citizenship & Immigration
- **United Way of Quinte**
- (MTCU) Ministry of Training, **Colleges & Universities.**









### **Quinte Immigration Services** UIS CONNECTIONS



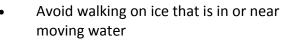
#### **INSIDE THIS ISSUE**

Spring Ice Safety1	
Goodbye Kelly and	T.
Tamara1	l
CEOTIS Information2	I.
Taxes in Canada3	l
Snowshoeing at Frink Centre4	
Get Active this Spring5	
QUIS Movie Night6	l
Banking in Canada Information Session7 Calendar of Events8-9	
QUIS Wine and Taste Tour Fundrais- er10	
Member of Parliament Information Session11 Centennial Secondary School Play: A Night of Fairy Ta- les.12	[
Habitat for Humanity Information Session13	,
QUIS Annual Potluck and Open House14	
Loyalist Students Plan Wine	
Tour15	
Your Foreign Diploma in Canada15	
Renovations Complete16	

### **SPRING ICE SAFETY**

The Quinte area has a lot of bays and rivers. In the springtime, when the ice is melting, it is very important to be careful around and on ice. Here are some tips:







- Never walk on ice when you are alone
- Children should always be supervised by a responsible adult

### GOODBYE KELLY AND TAMARA!

In February, QUIS said goodbye to Tamara Malinski and Kelly Bacon. Tamara and Kelly worked at QUIS for 6 months. Kelly did marketing for CEOTIS (Central Eastern Ontario Translation and Interpretation Service) and Tamara worked as receptionist and CEOTIS assistant. QUIS deeply appreciates the efforts that Kelly and Tamara made.







English Speaker

## CEOTIS

### Central Eastern Ontario Translation and Interpretation Services

**VIDEO** 

CONFERENCING

INTERPERTATION

SERVICES

NOW AVAILABLE

### Breaking the Barriers to Communication

#### Interpretation Services

- Accurate, immediate and confidential linguistic interpretation
- Serving the Central Eastern Ontario region from Lindsay to Brockville
- ◆ 10 years of experience working with human services, Provincial and Federal government, healthcare, justice system agencies, corporate and private businesses and individuals
- Professionally trained and experienced interpreters
- Competitive rates
- Emergency after hours services on evenings and weekends
- Over 125 Languages available

#### Translation Services

- Precise and confidential certified translations
- Translators are ATIO certified (Association of Translators and Interpreters of Ontario)
- Processing time is 7 business days or less
- Many languages available
- Offices for drop-off of original documents in Kingston and Belleville
- Ouotes provided within 1 to 2 business days

Contact us for your translation and interpretation needs!

613-968-1065 1-888-968-1065 ceotis@quinteimmigration.ca 24 HOURS A DAY, 7 DAYS A WEEK

301-41 Octavia Street, P.O. Box 22141, Belleville, Ontario K8N 5V7



A division of Quinte Immigration Services

#### LANGUAGES AVAILABLE

AFRIKAANS\* ALBANIAN\* AMHARIC: ARMENIAN ASSYRIAN\* **BIKOI\*** BULGARIAN\*^ BURMESE\*^ CAMBODIAN\*^ (TRADITIONAL CHINESE) ^ CATALAN CHALDEAN<sup>3</sup> CHILL CHOW (CHAOZHOU) DARI\* DUTCH FSAN\* ESTONIAN FARSI ^ FLEMISH: FRENCH / FUJIAN \* FUZHOU\* GEORGIAN GOFIGNA\* **GUJARATI** ΗΔΚΚΔ\* HEBREW HUNGARIAN ILOCANO\* (HILIGAYNON) INDONESIAN JAMAICA PATOIS (ADDITIONAL KALENJIN-KIPSIGIS: KALENJIN-NANDI\* KANNADA\* KAREN\*^ KINYARWANDA KONKANI (BAHDINI) (KURMANDJI)

KUTCHI\* LAOTIAN\*^ LATVIAN (LETTISH) LEBANESE\* LINGALA\* LITHUANIAN<sup>3</sup> LOW GERMAN\* MACEDONIAN+ MALAY ^ MALAYALAM\* MALTESE\* MANDARIN (MODERN CHINESE) MARATHI\* MIN NAM (HOKKIEN) NEPALI\* NORWEGIAN NUFR\* OROMO\* OTJIHERERO PASHTU\* **PERSIAN** POLISH ^ PORTUGUESE PUNJABI ^ **PUNJABI** GURUMUKHI ROHINGYA\* RUSSIAN A SENEGALESE\* SERBIAN+ SERBO-CROATIAN (BOSNIAN)\* (CROATIAN) (SERBIAN) SHANGHAINESE: SINHALA\* SLOVAK SLOVENIAN\* SOMALI\* SPANISH 4 SWAHILI\* **SWEDISH** TAGALOG TAISHAN\* TAIWAN\* TAMIL ^ TELUGU\* THAI\*^ TIBETAN\* TIGRIGNA<sup>3</sup> TSHILUBA\* TURKISH / TURKMEN\* TWI\* UKRAINIAN A URDU 4 **UZBEK\*** VIETNAMESE ^ YORUBA\*

- + TRANSLATION ONLY \* INTERPRETATION ONLY
- ^ VIDEO CONFERENCING

### LOYALIST STUDENTS PLAN WINE TOUR

For several Fridays from January to March, four Loyalist students helped to plan QUIS' spring 2015 wine tour. The students, Gabe, Melissa, Hannah and Michaela contacted the wineries and breweries, solicited donations, planned the route and did other planning and marketing activities related to the tour.

The students worked very professionally and efficiently to put the tour together. QUIS would like to thank them for their efforts. We trust it was an enjoyable learning experience for the students and that they gained some valuable real-life work



experience that will help them in their future careers.

### YOUR FOREIGN DIPLOMA IN CANADA

If you are a newcomer and you want to work in Canada, you may need to get what is called an "Educational Credential Assessment" or sometimes known as an "Academic Credential Assessment". If you studied in a country outside of Canada, you may need to have your diploma or degree from high school, college or university compared with Canadian standards to see if it is equivalent to a Canadian diploma or degree.

You will have to pay for this process and there are several different agencies that will do an Educational Credential Assessments (ECA).

If you want to apply for permanent residence through the Express Entry program, you will most likely need an Educational Credential Assessment (ECA) in order to qualify for an invitation to apply for the program. Citizenship and Immigration Canada will only accept ECA's from certain agencies, so be sure to contact QUIS if you aren't sure how to get an ECA.

Also, if you are applying for an ECA to get certain jobs in professional fields like nursing, teaching, pharmacy or other medical fields, you might need to go through the association of that profession to get an ECA. Call us at QUIS for more information!

### Quinte Immigration Services

### **Annual Pot Luck and Open House**

Tuesday June 16th



RSVP by Thursday June 11

613-968-7723 Ext 0



3rd Floor—Doors Open at 5:00pm

Pot Luck Starts at 5:30pm—7:00pm

### Come see our newly renovated office space

Quinte Immigration Services 301-41 Octavia Street, Belleville, ON, K8N 5V7 Phone: (613) 968-7723 Fax: (613) 968-2597

Email: reception@quinteimmigration.ca Website: www.quinteimmigration.ca



Please bring your favourite food from your home country to share!

### TAXES IN CANADA



The tax system in Canada is probably a bit confusing for most newcomers. Here is some information to help you understand Canadian taxes:

In Canada, the federal (national), provincial (Ontario, for example) and municipal (city) governments collect money to help pay for government programs and services-roads, schools, hospitals, employment insurance etc. If the

government did not get this money, it would be difficult to offer these services.

Every year, Canadian residents complete a tax return, usually in March or April. This is where you

list your taxable income, deductions (things that can lower the amount of tax you have to pay) and credits (money you get back from the government). With this information, you can calculate how much tax you have to pay.

The amount of tax you have to pay is related to how much money you earned in the past year minus any deductions and credits. Examples of deductions are donations to registered charities or contributions to a registered retirement savings plan (RRSP). By early March, you should have all your documents such a T4s, RRSP receipts etc.



For tax purposes, you are a resident of Canada if you have significant residential ties. These include:

- A home in Canada
- A spouse or common-law partner and dependents who move to Canada to live with you
- Personal property in Canada, such as a car, furniture

Also, it is important to remember that in Canada, you must keep all tax documents for seven years, in case you are audited by the Canada Revenue Agency. This is very unlikely to happen, but



it is best to create a file where you can keep your tax documents safe. **Never throw away** any letter that you receive from the Canada Revenue Agency (CRA) or any other government office before you find out what it is. If you are not sure what it is, ask at QUIS.

For the first few years that you are in Canada, completing your tax return may be challenging. QUIS is able to help you with your return. A volunteer can do your tax return for you

for free, if you meet certain conditions. Please call QUIS at (613) 968-7723 to find out more.

### SNOWSHOEING AT FRINK CENTRE

ESL students from Loyola, Belleville went snowshoeing at the Frink Centre on February 18.

They walked along a snow-covered settler trail and were guided through the forest by Shelsey and her helper. Some students got pushed into the snow!

They cooked hotdogs over the fire as well as potatoes, bannock bread and marshmallows. They also learned how to make the bannock from scratch, then cook it over an open fire and have maple syrup, jam or brown sugar on it. It was a beautiful snow-filled day and a great experience for all the students.









### Dream of owning your own home?



#### You May Qualify If:

- You have lived in the Prince Edward or Hastings area for the last year
- You are a Canadian Citizen or a permanent resident
- You are living somewhere that doesn't meet your family's needs
- You are steadily employed, but can't afford or can't obtain a conventional mortgage
- You are ready and able to contribute 500 hours of sweat equity to help build your own home and participate in other Habitat Projects and Community events

#### **Information Session:**

### Wednesday, June 3rd, 2015 11 am to 12 pm 41 Octavia Street

Guest Speaker: Sylvia Draaistra

**Quinte Immigration Services** 

301-41 Octavia Street, Belleville, ON, K8N 5V7 Phone: (613) 968-7723 Fax: (613) 968-2597

Email: reception@quinteimmigration.ca

Website: www.quinteimmigration.ca



# QUIS Presents \*ANight Of Fairy Tales

Thursday May 28th



Doors Open at 5:30pm
Play Starts at <u>6pm</u>—7:30pm Approx.
QUIS will provide Refreshments & Popcorn

Limited Seats Available.

Tickets Required—No Cost
Call 613-968-7723 Ext 0



Quinte Immigration Services 301-41 Octavia Street, Belleville, ON, K8N 5V7

Phone: (613) 968-7723 Fax: (613) 968-2597 Email: reception@quinteimmigration.ca Website: www.quinteimmigration.ca



### **GET ACTIVE THIS SPRING**

In the Quinte region, there are many ways of getting active and fit this spring. Here are a few ideas:

- QUIS is continuing its partnership with the YMCA. QUIS clients can get a free three-month trial
  membership at the YMCA. Please make an appointment with Cat or John Mark for details and a letter
  that will get you the membership.
- The Quinte Sports and Wellness Centre (http://quintesportsandwellnesscentre.ca) has a variety of facilities and programs. There is an indoor walking track, swimming pools, weight rooms, gymnasium and classes in yoga, tai chi and other sports. These are available at a low cost. The Sports and Wellness Centre is located on Cannifton Road, close to the Moira River.
- If you are interested in cycling (bike riding), you can connect with Belleville on Bikes (http://bellevilleonbikes.ca/). They have information about cycling events, bicycle maintenance, bike trails in and around Belleville and more.
  - Belleville and the Quinte region have some wonderful waterfront trails that are perfect for walking, jogging, cycling, rollerblading and other activities. There are beautiful views of the Bay of Quinte along the trail (http://www.waterfronttrail.org/belleville)
- Belleville has a number of nice parks where you can take a walk, take photos, play with your children and enjoy the fresh air (http://www.belleville.ca/ recreation/page/parks)
- The Quinte Conservation area also has hiking trails where you can enjoy nature. These conservation areas are in different locations around the Quinte area and some are perfect for a weekend trip (http://quinteconservation.ca/site/index.php?option=com\_content&task=view&id=31&Itemid=45)



### **QUIS FAMILY MOVIE NIGHT!!**

Tuesday April 14th

RSVP by Friday April 10
613-968-7723 Ext 0



Doors Open at 5:30pm

Movie Starts at <u>6pm</u>—8pm

QUIS will provide Refreshments

and Popcorn

Please bring a treat to share



Come watch a family movie with the QUIS staff and the community.

The movie being played is

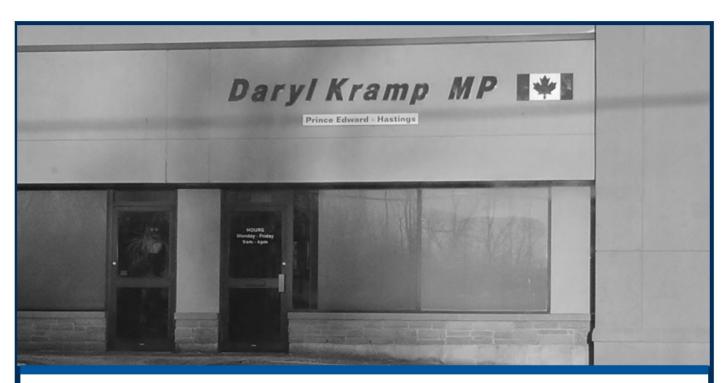
Big Hero 6 —Rated PG, 102 minutes in length.

This event will take place in the Common Room, 2nd floor. 41 Octavia St.

Quinte Immigration Services 301-41 Octavia Street, Belleville, ON, K8N 5V7 Phone: (613) 968-7723 Fax: (613) 968-2597 Email: reception@quinteimmigration.ca Website: www.quinteimmigration.ca

\*\*\*Viewing License purchased from ACF Inc.\*\*\*





# Services provided by your MP

This information session covers the services that MP Daryl Kramp's office provides and answers questions about the Government of Canada's programs and services.

Tuesday, May 12th, 2015 11 am to 12 pm 41 Octavia Street

Guest Speaker: Denise Gray

301-41 Octavia Street, Belleville, ON, K8N 5V7 Phone: (613) 968-7723 Fax: (613) 968-2597 Email: reception@quinteimmigration.ca Website: www.quinteimmigration.ca



Wine & Tasle Tour

Of Prince Edward County



80% Sold
Out!

### Saturday April 25th, 2015

Quinte Immigration Services is proud to present

a wine and taste tour of our local Prince Edward County. There are many locations to stop and enjoy in the county but we will narrow it down to 6 stops which will allow you to taste local wines, beers, ciders and various foods.

We will be stopping at:

Campbell's Orchard, Lacey Estates Winery, Karlo Estates Winery, Waupoos Estates Winery, Barley Days Brewery, Huff Estates Winery.

This tour includes a comfortable bus with washroom, a lunch, door prizes and a silent auction.

Seats are limited so be sure to get your tickets as soon as possible



Tour Starts: 41 Octavia St - 9:30am or LCBO Rossmore - Tour Ends: LCBO Rossmore - 5:00pm or 41 Octavia St - 5:15pm



Cost: \$95.00/person or \$180 for 2



Tickets must be purchased in advance by calling our office or coming into our location.

Quinte Immigration Services - 41 Octavia St. Belleville, ON, 613-968-7723 x0

**Information Session** 

### Banking in Canada

Banking institutions, including banks, trust companies, credit unions and caisses populaires, are essential tools for managing personal finances, yet many people do not know how to use them effectively. This information session covers the basics of how banking institutions work for those who are not familiar with Canadian banking institutions, ways to select banking services that participants need and how to minimize the cost of banking services.

Tuesday, April 21st, 2015 11am to 12 pm

#### 41 Octavia Street

Guest Speaker: Vicki Vannieuwenhuyze





301-41 Octavia Street, Belleville, ON, K8N 5V7
Phone: (613) 968-7723 Fax: (613) 968-2597
Email: reception@quinteimmigration.ca

Website: www.quinteimmigration.ca





### **UPCOMING QUIS EVENTS, HOLIDAYS AND OBSERVANCES**

### **April 2015**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Good Friday (Christian) QUIS office closed	4 First day of Passover (Jewish)
5	6 Easter Monday (Christian) QUIS office closed	7	8 Hanamatsuri (Buddhist)	9	10 RSVP for QUIS Family Movie Night, call 613-968-7723	11 Last day of Passover (Jewish)
12 Easter (Orthodox)	13 Vaisakhi (Sikh)	14 QUIS Family Movie Night, Doors open at 5:30pm	15	16	17	18
19	20	21 Royal Bank Info Session, 11am, 41 Octavia Street	22 International Mother Earth Day (United Nations)	23	24	25 QUIS Wine Tour, 9:30am, Call QUIS for tickets
26	27	28 World Day for Safety and Health at Work (International Labour Organization)	29 Ninth Day of Ridvan (Baha'i)	30		

### **June 2015**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Nisf Shabaan (Islamic)	3 Habitat for Humanity Info Session, 11 am 41 Octavia Street	4	5	6
7 All Saints Day (Eastern Christian)	8 World Oceans Day (United Nations)	9	10	11 RSVP for QUIS Potluck, call 613-968-7723	12	13
14	15	16 QUIS Potluck, 5:30 pm, 41 Octavia Street	17 CIC Changes Info Session, 11 am, 41 Octavia Street	18 Ramadan (Islamic)	19	20 World Refugee Day (United Nations)
21 First Day of Summer /Father's Day (North America)	22	23	24	25	26	27
28	29	30				

### May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Cinco de Mayo (Mexico)	6	7 Lag B'Omer (Jewish)	8	9
10 Mother's Day (North America)	11	12 MP Info Session, 11 am, 41 Octavia Street	13	14 Ascension Day (Western Christian)	15 International Day of Families (United Nations)	16
17	18 Victoria Day  QUIS Office Closed	19	20	21	22	23 Declaration of the Bab (Baha'i)
24 Pentecost (Christian)	25	26	27	28 Night of Fairy Tales Play, 6 pm, 41 Octavia Street, call QUIS for tickets	29 Ascension of Baha'ullah (Baha'i)	

### **July 2015**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Canada Day  QUIS Office Closed	2 Dharma Day (Buddhist)	3	4
5	6	7	8	9	10	11
12	13 Laila Al Qadr (Islamic)	14	15	16	17 Eid Al Fitr (Islamic)	18
19	20	21	22	23 Birth of Guru Har Krishen (Sikh)	24	25
26 Tisha B'Av (Jewish)	27	28	29	30 International Day of Friendship (United Nations)	31	