



QUINTE  
IMMIGRATION  
SERVICES

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Thanks to our Funders for  
their continued support:

- (CIC) Citizenship & Immigration Canada
- (MCI) Ministry of Citizenship & Immigration
- United Way of Quinte
- (MTCU) Ministry of Training, Colleges & Universities.



*Quinte Immigration Services will assist newcomers isolated by cultural and language barriers in the Quinte region through the process of orientation and settlement while encouraging public respect for the diversity of immigrants, the promotion and recognition of the value of racial and cultural differences, and the facilitation of integration and participation of newcomers into the social, economic and cultural aspects of the community.*

### UPCOMING COMMUNITY EVENTS

- |  |  |
|--|--|
| <b>June 19, 2014</b> - Loyola ESL graduation, 135 Palmer Road, 6 pm                                  | <b>August 4, 2014</b> - Civic Holiday- QUIS office closed  |
| <b>June 21, 2014</b> - Summerlicious at various Belleville restaurants                               | <b>August 15, 2014</b> - Street Dance, Market Square, Belleville                                 |
| <b>June 23, 2014</b> - QUIS Annual Potluck and Open House, 41 Octavia St., 5:30 pm                   | <b>September 1, 2014</b> - Labour Day- QUIS office closed  |
| <b>June 25, 2014</b> - Loyola ESL picnic, Zwick's Park   | <b>September 13, 2014</b> - Doors Open Ontario (www.doorsopenontario.on.ca/Events/Bay-of-Quinte) |
| <b>June 29, 2014</b> - Beginning of Ramadan  | <b>September 17, 2014</b> - YMCA information session, 41 Octavia St., 11 am                      |
| <b>July 1, 2014</b> - Canada Day-QUIS office closed  | <b>September 20, 2014</b> - Moores Suit Drive, 41 Octavia Street, 10am-2 pm                      |
| <b>July 1, 2014</b> - Canada Day events at West Zwick's Park (Belleville), Centennial Park (Trenton) | <b>September 22, 2014</b> - Autumn Equinox   |
| <b>July 29, 2014</b> - Eid al-Fitr, end of Ramadan   |  |

### Thank You To Our Newsletter Contributors:

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QUINTE  
IMMIGRATION  
SERVICES

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# QUIS Newsletter



Join us on Facebook!



## WHAT'S NEW AT QUIS?



You may have noticed a few months ago, that Quinte United Immigrant Services changed its name. We are now [Quinte Immigration Services](http://www.quinteimmigration.ca) (please check our last newsletter, Volume 8, Issue 1 for details). In addition to that change, we have changed a few other things to update our agency! Here are the details:

- 1) We have a new website, with a new look and a new domain name! It's now [www.quinteimmigration.ca](http://www.quinteimmigration.ca). It's easier to navigate and has more information about our information sessions, events and newsletters! Check out the links to other organizations too!
- 2) All of our staff have new e-mail addresses. QUIS e-mails now end in @quinteimmigration.ca. Try it out at [info@quinteimmigration.ca](mailto:info@quinteimmigration.ca)! (You can still use the old e-mail addresses for a little while. The old ones will still send the message to the right place!)
- 3) QUIS will offer a fee-for-service program starting in September 2014! This service will allow clients to get their immigration paperwork done by an in-house lawyer for a fee. Please look at our website for details or contact us at 613-968-7723!

Have a look at our new website and domain name:  
**[www.quinteimmigration.ca](http://www.quinteimmigration.ca)**

The screenshot shows the website header with the logo and navigation links: HOME, ABOUT US, SERVICES, TRANSLATION & INTERPRETATION, NEWS, DONATIONS, CONTACT US. Below the header is a large photo of a diverse group of people, with the text 'WELCOME TO QUINTE IMMIGRATION SERVICES' overlaid. A small 'READ MORE' button is visible at the bottom right of the photo area.

You can reach us at  
613-968-7723

## NEW VOLUNTEER AT QUIS

In May, QUIS welcomed Jason Molloy to its team. Volunteering part-time, Jason is assisting with our events, newsletters, proposals, and will begin hosting Wednesday afternoon English Conversation Circles in July.

Jason has recently completed his studies in religion and culture, focusing on resettlement programs and newcomers to Canada. He has joined QUIS to gain firsthand experience. He spends his free time playing live music locally, travelling and reading.

Please say hello to Jason when you drop in to the QUIS office.



## QUIS BINGO: GREAT FAMILY FUN!



On May 21st, 2014, QUIS held its first Bingo night for clients. Clients came out to try their luck at winning prizes, as well as eating the yummy savory flavours of QUIS popcorn! Many helpful volunteers also came to set up and help run the event.

Interestingly, Bingo is not the same in every country. We learned from our clients that in some countries there are not as many ways to win a Bingo game as there are in Canada! A lot of participants found that part of the game fun and interesting. Participants were glued to their Bingo cards up until the last moment before our Bingo ended!

Congratulations to prize winners and thanks to all volunteers, clients and participants! Let's do it again!

### QUIS Gold Sponsor since 2010



Tina Osborne, visual multi-media artist and designer of unique jewellery .

Contact 613.920-4231 or go to [www.shadowridgecan.com](http://www.shadowridgecan.com)



**Become a QUIS Sponsor Today**  
For as Little as \$20.00

**With your help we can continue to provide the much needed programs for you and your family.**

**Please visit our office today to learn more or visit: <http://quis-immigration.org/sponsor.html>**

## LOYOLA - LINC AND ESL CELEBRATION OF ACHIEVEMENT



Loyola School of Adult and Continuing Education

LINC and ESL classes invite you to a

### Celebration of Achievement

Thursday, June 19, 2014, at 6:00 PM

135 Palmer Rd.

Belleville, Ontario

(The Church of Jesus Christ of Latter-Day Saints – Gymnasium)

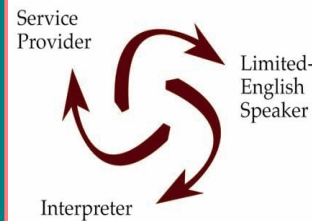
Reception begins at 6:00 PM

Ceremony begins at 6:30 PM

Please RSVP by Friday, June 13, 2014

Call Cheryl: 613-966-9210 or email: [greenanu@alcdsb.on.ca](mailto:greenanu@alcdsb.on.ca)

Algonquin Lakeshore Catholic District School Board



## Central Eastern Ontario Translation and Interpretation Services (CEOTIS)

*Breaking the barriers to communication.*

**Call Us For  
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### Interpretation Services

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CEOTIS is a division of Quinte Immigration Services



## CEOTIS

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Ontario  
Translation and

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E-mail: ceotis@quinteimmigration.ca  
Website: www.quinteimmigration.ca  
Toll free: 1-888-968-1065

## LAUGHTER YOGA :-)

QUIS held a very interesting new event in April 2014. It was called “Laughter Yoga” and was instructed by Luisa Sorrentino, a certified Laughter Yoga instructor. Laughter Yoga is a group activity that uses laughter as an exercise to ease stress and to have fun! Luisa led the group of over 20 people through laughing “exercises” that allowed everyone in the group to laugh together continuously during each exercise.



Staff member Cat Fisher found the group a very unique and fun experience. She says, “It was a wonderful way to ease stress. And when you laugh together, you form bonds with people more

easily.” Instructor Luisa Sorrentino, a former client of QUIS, says of her experience leading the group, “I felt privileged that for the first I was giving back to QUIS, after getting services from QUIS throughout my journey to become Canadian.” About practicing Laughter Yoga itself, she says, “A day without laughter is a day wasted”. We agree!



QUIS would like to thank Luisa Sorrentino, the clients that participated, and the QUIS volunteers who came to help out!

## CAMPING IN CANADA

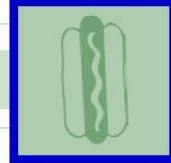
In the summer, many Canadians enjoy camping. People take a tent or motor home and go to a place out in the countryside or forest for a couple of days or a week, to enjoy nature. Canada has many provincial and national parks where people can go camping, as well as many private campgrounds.

People go camping for different reasons: to relax, to get away from the city and their routines, to enjoy nature and to take part in different activities. While camping, people swim, fish, hike, canoe, play games and enjoy other recreational activities.



Parks Ontario, who run Ontario’s provincial parks, have a Learn to Camp program for people who are new to camping. More information on this program is available at [www.ontarioparks.com/learntocamp](http://www.ontarioparks.com/learntocamp). Why not try camping this summer!

## UPCOMING COMMUNITY CONNECTIONS EVENT



# Quinte Immigration Services Annual Pot Luck and Open House



*Please bring your favourite food from  
your home country to share!*

**Monday June 23, 2014**

Doors Open at 5:00pm

Pot Luck Starts at **5:30pm**—7:00pm



41 Octavia Street  
2nd Floor Common Room  
RSVP by Wednesday June 18  
**613-968-7723 Ext 0**



## QUINTE REGION SUMMER FESTIVALS AND EVENTS

Summer is the best time to enjoy festivals and events outdoors! If you are looking for something to do this summer, check out the list of festivals and events we have compiled from the Hastings and Prince Edward Counties area! Some of the events and festivals are free and others have a cost.

Date	Event Name	Location	Contact Info
June 21	<b>Summerlicious</b> – Local restaurants compete to create dishes with local foods. Enjoy samples and vote!	<b>Downtown Belleville</b>	<a href="http://downtownbelleville.ca/events">http://downtownbelleville.ca/events</a>
June to August 31 <sup>st</sup> (Wednesday and Sunday evenings)	<b>Concerts on the Bay</b> – Free concert series on Sunday's and Wednesdays at the Lion's Pavillion at Zwick's Park.	<b>Zwick's Park, Belleville</b>	<a href="http://belleville.ca/events/details/concerts-on-the-bay1">http://belleville.ca/events/details/concerts-on-the-bay1</a>
June 20 to June 22	<b>First Annual Marmorata Outdoor and Dive Festival</b> – Events for certified scuba divers, plus lots of activities at this new festival for kids and adults including a waterpark and boat cruises.	<b>Marmorata (Crowe River)</b>	<a href="http://www.marmoradivefest.ca">http://www.marmoradivefest.ca</a>
June 27 to July 13	<b>201st Annual ART IN THE COUNTY</b> , Juried Exhibition Show and Sale	<b>Picton (Prince Edward County)</b>	<a href="http://www.artinthecounty.com">www.artinthecounty.com</a>
July 01 to August 31	<b>Historic Walking Tours</b> – Tour various historic sites in Prince Edward County. Fees may apply.	<b>Prince Edward County</b>	Tours can be booked through Regent Theatre in Picton, ON Phone: 613-476-8416
July 1 <sup>st</sup>	<b>Canada Day!</b> – Free events are always held all over our region on Canada Day. You can be sure there will be fireworks!	<b>Entire region</b>	Check local City and Municipality websites for Belleville, Quinte West, Picton, Prince Edward County, Stirling, Tweed, Deseronto and other areas
July 2 to August 31 (Wednesday and Sunday evenings)	<b>Norampac Summer Concert Series</b> - Free music performances for the community.	<b>Trenton</b>	
July 5 and 6	<b>Lavender Festival</b> – Crafts, foods and the beauty of the lavender fields	<b>Hillier (Prince Edward County)</b>	<a href="http://peclavender.com">http://peclavender.com</a>
July 9 to July 13	<b>Belleville Waterfront and Ethnic Festival</b> – Large 4 day festival held on the Belleville waterfront, with ethnic foods, bands and loads of entertainment for kids and adults!	<b>Belleville</b>	<a href="http://www.bellevillewaterfrontfestival.com">www.bellevillewaterfrontfestival.com</a>
July 17 to July 19	<b>Downtown Trenton's Festival on the Bay</b> - Huge sale, musical entertainment, food vendors and lots of other activities.	<b>Trenton</b>	<a href="http://tourism.bayofquinte.ca/events/things-to-do/arts-and-entertainment/downtown-trentons-festival-on-the-bay">http://tourism.bayofquinte.ca/events/things-to-do/arts-and-entertainment/downtown-trentons-festival-on-the-bay</a>
July 19, 2014	<b>Hastings County Craft Beer Festival</b> – 30 craft beer companies plus food!	<b>Stirling (Hastings County)</b>	<a href="http://www.hastingscountycraftbeerfestival.ca">www.hastingscountycraftbeerfestival.ca</a>
July 20 <sup>th</sup>	<b>Big Band Festival</b> – Buy tickets to listen to Big Band and jazz music	<b>Trenton (Centennial Park)</b>	<a href="http://www.trentonbigbandfestival.com">www.trentonbigbandfestival.com</a>
August 16	<b>Quinte Zombie Zone</b> - A fun filled, crazy and unique ZOMBIE infested trail run experience with activities for the whole family!	<b>Quinte West</b>	<a href="http://raceroster.com/events/2014/1419/quinte-zombie-zone">http://raceroster.com/events/2014/1419/quinte-zombie-zone</a>
September 5 to 6	<b>Trenton Scottish Irish Festival</b> -Free annual festival celebrates the Celtic ancestry of the Bay of Quinte .	<b>Trenton (Centennial Park)</b>	<a href="http://trentonscottishirish.com">http://trentonscottishirish.com</a>

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- Proteja su estilo de vida
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Today is a good day to learn more, so let's talk.  
Este es un buen momento para informarse mejor, así que hablemos.



**Brian Neal, CHS**  
613-962-8606 ext. 2220  
brian.neal@sunlife.com [www.sunlife.ca/brian.neal](http://www.sunlife.ca/brian.neal)  
365 North Front Street  
Bell Tower Market Place  
Belleville, ON K8P 5A5



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**CANADA DAY**



**CANADA DAY CELEBRATION**  
**JULY 1, 2014**

Tuesday, July 1, 2014 is a civic holiday marking the 147th anniversary of Canada becoming a country. Canada Day, known as Dominion Day before 1982, marks the passing of British North America Act (BNA). In 1867, the BNA joined Upper (Ontario) and Lower (Quebec) Canada with New Brunswick and Nova Scotia to become the first four provinces in the Dominion of Canada.

**Local notables:**

While neighbouring Kingston would be home to Canada's first Prime Minister, Sir John A. MacDonald (1878-1891), Belleville resident Sir Mackenzie Bowell would serve as the 5th Prime Minister of Canada. Bowell, who emigrated from England in 1832, was a local printer who began his career as an apprentice at the Belleville Intelligencer newspaper. He went on to serve as Prime Minister between 1894 and 1896. He continued to serve as a Senator until his death in 1917, just prior to his 94th birthday, when he was buried in the Belleville Cemetery.

**Belleville's Canada D'Eh Event**

Belleville holds its annual festivities at West Zwick's Park, offering a variety of family activities, as well as concerts and children shows, followed by a firework presentation at dusk. For a detailed list of events and acts, visit <http://www.bellevillecanadaday.com/index.php>.

**West Zwick's Park** - 11 Bay Bridge Road, Belleville, Ontario

**Trenton's Canada Day Eh! Event**

Trenton holds its annual festivities at Centennial Park, with all day entertainment, family activities, local vendors, their Canada Day parade, and a large outdoor movie. This is followed by a firework display. For more details visit <http://www.city.quintwest.on.ca/en/visitors/communityeventsfestivals.asp>.

**Centennial Park** - Couch Crescent, Trenton, Ontario

**SUMMER ENGLISH CONVERSATION CIRCLES**

**ENGLISH CONVERSATION CIRCLES**

Every Wednesday  
 July through August, 2014  
 2:00 pm to 3:30 pm  
 41 Octavia Street  
 2nd Floor Common Room



A group for anyone who speaks English as a second language. Practice conversational English. Help, support to develop skills. All levels of ability. Join the group any time. Topic suggestions welcome. Please contact Quinte Immigration Services for more information.

**Quinte Immigration Services**

41 Octavia Street  
 Belleville, ON, K8N 5V7  
 Phone: (613) 968-7723  
 Fax: (613) 968-2597  
 Email: [reception@quinteimmigration.ca](mailto:reception@quinteimmigration.ca) Website: [www.quinteimmigration.ca](http://www.quinteimmigration.ca)



**July:**  
 2nd, 9th, 16th, 23rd & 30th  
**August:**  
 6th, 13th, 20th, 27th

**NEWCOMER EMPLOYMENT RESEARCH PROJECT**

Quinte Immigration Services has completed building and updating databases that will give us a better picture of newcomer employment in the Quinte area and will help to match qualified candidates local with employers in the future.



Executive Director of QUIS, Orlando Ferro, hired three researchers, Jeff Wildgen, Julie Tang, and Tamara Malinski, for a six month project (from December 2013 to June 2014) . They were tasked with updating the QUIS client database with new information about QUIS clients' work lives. Clients were asked to fill out an online survey and answer questions about their work experience, skills, qualifications, training, and education. With this information, QUIS can better represent its clients to employers, industry associations, and municipal agencies that deal with economic development.

Many of the questions from the online survey have been added to the new QUIS registration form to ensure that all clients of QUIS have an equal opportunity to join in the local workforce.

In addition, the research team compiled data about the local businesses in the Quinte area, collecting contact details and descriptions of each business. This information will be useful in assisting clients with their job searches, and it will also provide a more concise picture of the business environment specific to the Quinte region.



QUIS would like to take this opportunity to thank all the clients who participated in the online survey.

**QUIS SPONSORSHIP**



QUIS is a non-profit agency, funded by both the federal and provincial governments, as well as the local United Way. While this funding allows QUIS to carry out its day-to-day functions, government funding is not always enough to cover all services and programs. That is why QUIS also relies on sponsorships. By becoming a QUIS sponsor, you are helping QUIS to assist newcomers in the community with their settlement needs.

QUIS sponsorships are available at different levels: gold, silver and bronze. We also have higher level sponsorships: platinum and diamond. A bronze sponsorship, for example, is \$20 a year. For that amount, you would receive a day planner, pen, sponsorship card and your name in our quarterly newsletter for 1 year. You would also have the satisfaction of knowing you have assisted others in your community.

For more information on sponsorship, please speak to the QUIS staff.

**UPCOMING INFORMATION SESSION AT QUIS**

**Presented by  
Quinte Immigration  
Services**



**Employment  
Rights**

**Wednesday October 8, 2014  
11:00 am to 12:00 pm  
41 Octavia Street, Belleville**



**Quinte Immigration Services**  
41 Octavia Street  
Belleville, ON, K8N 5V7  
Phone: (613) 968-7723  
Fax: (613) 968-2597  
Email: [reception@quinteimmigration.ca](mailto:reception@quinteimmigration.ca)  
Website: [www.quinteimmigration.ca](http://www.quinteimmigration.ca)



**Find out about:**

- Your rights as an worker
- The rights and responsibilities of the employer
- **WSIB (Workplace Safety and Insurance Board)**
- **Available online resources**

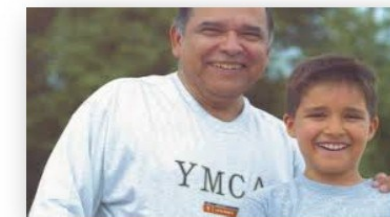
**UPCOMING INFORMATION SESSION AT QUIS**



- Find out about:**
- Memberships
  - Personal Training
  - Exercise Programs
  - Swimming Lessons
  - Children, Youth & Family Programs

**Wednesday, September 17, 2014  
11:00 am to Noon  
41 Octavia St., Belleville**

**Ask About  
FREE  
MEMBERSHIPS  
For QUIS  
Clients!**



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Email: [reception@quinteimmigration.ca](mailto:reception@quinteimmigration.ca) Website: [www.quinteimmigration.ca](http://www.quinteimmigration.ca)



## UPCOMING INFORMATION SESSION AT QUIS



**Visit QUIS:**  
**Saturday, September 20, 2014**  
**10 a.m. to 2:00 p.m.**  
**41 Octavia St.**  
**2nd Floor Common Room**

## 2014 Suit Drive



### Get a Free Formal Suit!

#### Mentorship Sessions:

Join successful QUIS clients as they relay their stories and provide insight into the challenges and opportunities for newcomers in the Belleville area.



Quinte Immigration Services  
 41 Octavia Street  
 Belleville, ON, K8N 5V7  
 Phone: (613) 968-7723  
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#### Speakers:

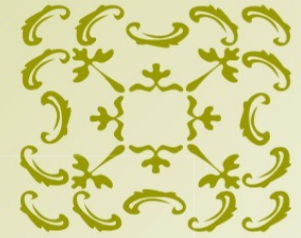
**10:30 am: TBA**

**11:30 am: TBA**

**12:30 pm: TBA**

## UPCOMING FUNDRAISER AT QUIS

*Wine & Taste Tour*  
*of Prince Edward County*



**Saturday September 27th, 2014**

Quinte Immigration Services is proud to present  
 a wine and taste tour of our local Prince Edward County.

Utilizing the unique physical environment, Prince Edward County has grown to become a highly desirable wine producing region, providing a wide variety of wines and localized delicacies.

There are many locations to stop and enjoy in the county from which we have selected a few key stops which will highlight the local wines and specialties.



Tour Starts:  
 41 Octavia St - 9:30am  
 or LCBO Rossmore -

Tour Ends:  
 LCBO Rossmore - 5:00pm  
 or 41 Octavia St - 5:15pm



*Cost: \$95.00/person or \$180 for 2*



*Tickets must be purchased in advance by calling our office or coming into our location.*

Quinte Immigration Services - 41 Octavia St. Belleville, ON, 613-968-7723 x0